

SAME LEVEL FALLS

GENERALITIES :

- Same-level falls are defined as slips, trips, missteps and other losses of balance on a "flat" surface, even if the victim was able to restore his balance without necessarily falling.
- In 2017, according to the accident rates of the National Fund of sickness insurance of the salaried workers, on 632 918 accidents at work with sick leave, the same-level falls represent 16% of this number and are thus the 2nd factor of accident work.

CAUSES

- Polluted or slippery floor, congested spaces, uneven surfaces
- Insufficient lighting
- Bad weather
- Inadequate shoes
- Work in a hurry, distraction, multiplicity of tasks



EFFECTS

- PAIN 
- SPRAIN 
- LUMBAGO 
- CUT 
- BROKEN BONE 
- ...

MEANS OF PREVENTION



Walk with caution while observing the environment.



Report damaged, wet or slippery floor (put out signs or cones).



Keep circulation areas clean and clear.



Wipe your feet on the doormats and strain clothes and umbrella before entering a building.



Hold the stairs' handrail and walk in circulation areas.



Stay focus during tasks requiring movements.



REMINDER : IN CASE OF ACCIDENT

- Get accompanied to the Occupational Health Services or :
 - **In Paris dial :** 41 97 from an internal phone or 01 56 24 41 97 from any phone.
 - **In Orsay dial :** 37 87 from an internal phone or 01 69 15 37 87 from any phone.
- Complete the accident report with the Prévention Assistant of your unit to describe its circumstances and avoid the occurrence of a new accident.

