

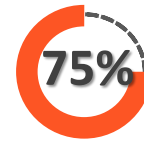
PREVENT THE RISK OF STROKE

GENERALITIES : A stroke is the sudden stoppage of blood flow to part of the brain. With 40,000 deaths per year in France, it is the second cause of death among women and the third among men.

Key numbers

➤ **150 000** cases of stroke recorded per year

With **1/4** in patients with a history of stroke.



of patients are **over 65** but it can occur at any age.

➤ **1st** cause of motor disability in adults.



❖ **The prognosis depends on primary prevention and the rapidity of onset of the neurological deficit.**

Prevention

 **I am particularly concerned if I have any of the following risk factors :**

- High blood pressure
- Cigarette
- Cholesterol
- Diabetes
- Alcohol



Good practices for risks prevention :

- ✓ Treat pathologies if concerned
- ✓ Adopt a healthy lifestyle
- ✓ Practice physical activity regularly

Symptoms & how to react in case of emergency

In case of **BRUTAL** appearance of one of the following signs:



Mouth deformity



Weakness on one side of the body



Speech disorders

Brutal



CALL 18 IMMEDIATELY